Students of the week

Don't forget to 'like' Thallon SS on facebook
https://www.facebook.com/pages/Thallon-State-School/812063525540326

The Thallon SS way is to be at school every day, always do your best, live and learn together, be safe, responsible, respectful and an active learner!
PRINCIPAL’S NOTE

I would like to take this opportunity to say farewell and thank you to the Thallon school community. Next week I will be heading to St George SS and then in Semester two Dirranbandi P-10 school. Thank you for making my family and I feel so welcome in your community, we have thoroughly enjoyed our time here in Thallon.

The newly appointed Acting Principal Mr Ryan Trama will now be arriving in Thallon on Tuesday 3 May. Until this time any questions or concerns can still be directed to me on the school mobile or directly to staff at the school.

The School ANZAC Day Service was held on Wednesday. A big thank you to Mrs Fulwood for coordinating the service. Congratulations to our year 6 leaders; Blade, Lachlan, Hannah, Jackson and Sam who all did a wonderful job of running the parade. Thanks also to Kyle for raising the flag (and your guidance Mr Stahlhut). We were also very fortunate to have representatives from the Push to the Bush team join us for the service. Following the service they talked to us about the war and shared with us a very special collection of war uniforms and other war memorabilia. A special thanks to Bob Bettany and Ray Stahlhut for coordinating this visit. I would also like to thank Push to the Bush for their kind donations of money and ANZAC books.

We also encourage all students to join us for the Thallon community ANZAC March starting at 9am on Monday 25 April from the Church to the park. Please have students dressed in full school uniform, with a green broad brimmed school hat.

In Sports, Clancy Wright and Julia Killen travelled to Chinchilla last Friday to compete at the South West Soccer trials. The weather was a little warm, but they both enjoyed the day. Also at the end of last term Clancy competed at the State Swimming Titles. He had an excellent swim meet achieving some personal bests. Well done Clancy, a great achievement to get to the State level. Clancy will be competing at the South West Touch trials on the 16 May. Good luck, Clancy!

This week our Instrumental Music students attended Junior Band Camp in St George. Band camp involves students from all around the Balonne cluster. It is a wonderful opportunity for students to experience playing in a large band, as well as meet other students from around the area.

Thank you Mr Todd for organising this great event.

This week we commenced a whole school student wellbeing program called ‘You Can Do It’. Students will be engaged in weekly lessons with the goal to develop social and emotional capabilities, including the five foundations: confidence, persistence, organisation, getting along and emotional resilience. The lesson focus this week was about what it means to be successful.

Remember, the Thallon SS way is to be at school every day, always do your best, live and learn together, be safe, responsible, respectful and an active learner!

Acting Principal: Mrs Andrea Killen

NAPLAN

Students in Year 3 and Year 5 will be participating in NAPLAN on May 10-12. The school will be providing a special breakfast each morning. Parents are welcome to come and join students for a relaxed breakfast starting at 8.45am.

What is NAPLAN?

The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual national assessment for all students in Years 3, 5, 7, and 9. All students in these year levels are expected to participate in tests in reading, writing, language conventions (spelling, grammar and punctuation) and numeracy. All government and non-government education authorities have contributed to the development of NAPLAN materials.

Why do students do NAPLAN tests?

NAPLAN is the measure through which governments, education authorities, schools, teachers and parents can determine whether or not young Australians have the literacy and numeracy skills that provide the critical foundation for other learning and for their productive and rewarding participation in the community.

The tests provide parents and schools with an understanding of how individual students are performing at the time of the tests. They also provide schools, states and territories with information about how education programs are working and which areas need to be prioritised for improvement.

NAPLAN tests are one aspect of each school’s assessment and reporting process, and do not replace the extensive, ongoing assessments made by teachers about each student’s performance.

If you would like more information regarding your child’s participation in NAPLAN please contact the school.

Thallon PBL Expectations

Be Safe, Be an Active Learner, Be Responsible and Be Respectful

PBL Focus:

Week 3

Be Responsible:
Be honest
Be Safe
Play by the rules

Week 4

Be Responsible
Follow directions
Be Respectful
Wait to be dismissed

Every Day Counts
Attendance 95%
Our target 96.5%
Congratulations to 3/4 class 97.57%
**Year 3-4**

In History the year 3-4 students have been learning about special days that are celebrated in Australia. **ANZAC Day** has been our focus for last three lessons. Students have looked at the way ANZAC day is celebrated in Australia and New Zealand and understand the importance of remembering the soldier that fought for us. Students made and enjoyed eating ANZAC biscuits.

It was wonderful to have the **Push to the Bush** team visit the school on Wednesday. Students enjoyed hearing their stories and looking at their war memorabilia. Students had the opportunity to try on helmets, backpacks, army boots and other gear that was actually used at war. The Push to the Bush team also donated a number of books about the ANZACs to the school Library. **Thank you Push to the Bush.**

We hope to see you at the Thallon Community ANZAC March on Monday.

**Mrs Killen**

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**P-2 Catch up**

Welcome back to Term 2. It was lovely to get to know the students in both classes last week and to meet some of the staff and parents.

Over the next few weeks in the P-2 class we will be looking at the concept of “Time” in Mathematics. We completed a brainstorm activity thinking of words that are relevant to this concept. Some concepts we will be covering are; the days of the week and activities we do on certain days. The months of the year and how many days are in each month. We will be examining the order of the seasons. We study both analogue and digital clocks and will be beginning to tell the time. You may like to follow up on these discussions at home.

When writing we will be looking at the genre, recount. We will be learning the structure of a recount and how to extend our sentences with conjunctions.

Last week we enjoyed our sport lesson, concentrating on ball skills; catching, throwing, rolling with different size balls and using only one hand. We also tried out our target practice and realised that it is important to have a “red hot go” and to practise skills to get better.

On May the 12th we look forward to a visit from the Flying Arts Alliance and will enjoy creating some works of Art around our Science curriculum.

Please feel welcome to introduce yourself when you are at school.

**Mrs Mclean and Mrs Libby**

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**5-6 News**

It's great to see everyone back all rested after their holiday. We are all sad to be saying good-bye to Julia, Lachlan and Mrs. Killen this week, you will all be missed and we wish you all the best. The 3-6 class enjoyed a little send-off party at first break on Thursday.

Quite a few students are away this week attending Junior Band Camp in St. George with Mr. Todd, this camp will give them the opportunity to play within a larger group of musicians and make a bigger and better sound. First week was spent finishing off assessment tasks from Term 1 for both English and Science. We are beginning our new Science unit this week where we will be looking at Chemistry, materials and their composition and properties as well as states of matter and how they can be changed by adding or reducing heat. English will see us working on persuasive writing and speech as we begin analysing news texts.

The singles tennis competition begins this week and many students are eagerly practising. Good luck to all the 3-6s who will be participating. Year six leaders will be taking charge of the school ANZAC service on Wednesday with the attendance of the Push to the Bush team being a highlight.

**Mrs Fulwood**

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**Important Dates**

**April**

- Monday 25  ANZAC Day

**May**

- Monday 2  Labour Day
- Wednesday 4  GRIP Leadership Year 6 Moree
- Friday 6  Balonne Cross Country Hebel
- Tue. 10 – Thur. 12  NAPLAN Year 3 & 5
- Tuesday 12  Flying Arts Workshop
- Friday 20  Balonne Tennis Trials
- Wednesday 25  NRL Literacy visit
- Tuesday 31  Yr4-6 Looking after your mates

**June**

- Thursday 2  Under 8’s Day
- Wednesday 16  Murray Hartin Cluster Enrichment Day
- Thursday 17  Murray Hartin Community Poetry BBQ
- Thursday 23  Athletics Carnival
**ANZAC**

Hope to see you at the Thallon Community ANZAC March on Monday 25 April at 9am, starting at the Church.

**SPORT**

Clancy Wright attended the State Swimming in Brisbane and he and Julia Killen attended the Soccer Trials in Chinchilla.

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**Mungindi Dance**

Mungindi Dance with Wendi Carrigan will commence in Term 2 each Wednesday from 3 pm at St Joseph’s School hall.

Proposed classes are:

- Movement to Music
- Ballet
- Jazz
- Tap
- Funk

Cost per class will be $10 x 9 weeks = $90 payable by the second week of dance, Wednesday 4th May.

Please forward your expression of interest to Chloe Kelso chloedeal@bigpond.com or 0429380285 by 17/4/16

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**Playgroup**

Where: Thallon State School
When: Tuesday 26th April
Time: 9:00am - 11:00am
What to bring: Yourself + Child/children birth to 5 years, drink and snack.
Cost: No cost

Come along and enjoy a social morning out in a safe and friendly environment.
Community News

Dear Community Group,

10th Anniversary St George River Dragons Regatta
The St George River Dragons are planning a dragon boat regatta on the Balonne River in October 2016 to celebrate its 10th anniversary.
The club is writing to local clubs and organisations to gauge the level of community interest in the event, which will determine if the regatta goes ahead.
Teams would consist of 12 paddlers with entry $10/person. Those who have never paddled will receive instruction on the day or are welcome to take part in the club’s Sunday paddling sessions held the first and third Sunday of each month.
If previous events are any indication, participants and spectators are in for a fun-filled day and teams are encouraged to dress in costume. Food and drink and children’s activities are also planned.
If your organisation would like to enter a team could you please indicate in writing to the above address or email the club secretary at mcvinishr@yahoo.com by 30th April 2016.
If you have any questions please contact secretary Raelene McVinish on 0428522615.

Yours sincerely, Richard Lomman
St George River Dragons President

TOOWOOMBA ANGLICAN COLLEGE AND PREPARATORY SCHOOL (Toowoomba Prep)

Afternoon function with drinks and nibbles at St George Golf Club on Saturday April 23rd from 5 to 7pm.

This is an opportunity for interested parents to meet TACAPS senior staff and Head of Boarding, and discuss the options for their children. TACAPS, formerly Toowoomba Prep, is now a full K to 12 Coeducational Anglican Day and Boarding School, offering a full range of activities and studies to country children from Kindergarten through Secondary.

ST GEORGE TENNIS CLUB

HOTSHOTS

Hot Shots Membership 2016 - $10
Weekly Ball Fees- $5
Term 2 Dates
Friday 15th April
Friday 6th May
Friday 20th May
Friday 3rd June
Friday 17th June
4pm at the tennis courts

RIVER JAM 2016

SATURDAY 4TH JUNE
from 10am.
Goondiwindi Botanical Gardens.
Morning Tea & Lunch available! BYO chair or rug... Free Entry!
Alcohol & Drug Free Event!

FEATURING GUEST JUDGE & PERFORMER....

RUSSELL MORRIS

You are cordially invited to meet our amazing new Pastor, Rev. John Brown. A location will be held at the St. George Parish Centre on Saturday April 9th from 2pm.
Anxiety is normal and part of everyday life. There’s no better time than childhood for learning how to cope with anxiety.

For those with no personal experience of anxiety it can be hard to understand how debilitating it can be. “Come on, get on with it,” seems so obvious. Of course, this response is nowhere near adequate.

Most kids experience some anxious moments or have fearful thoughts and feelings from time to time about certain events. These thoughts and feelings prompt them to proceed with caution.

But anxiety and fear can be paralysing. Some kids simply can’t stop their ‘bad thoughts and feelings’. They can’t silence the voice of fear that whispers to them continually.

**Staying calm**

Anxiety is a normal part of life and can be managed, but it takes time. It’s also contagious so it’s the job of parents to stay calm, think clearly and role model confidence when kids get anxious.

**CALM** is created through your words, voice and facial expression. When children become anxious, help them recognise what’s happening. Some kids get angry, some become upset and others withdraw. Work out the pattern for your child and help them recognise when they are anxious.

**ACCEPT** your child’s anxious feelings. Your child needs to trust that you are with them, and then they will be more willing to let you help them cope. It’s hard sometimes to differentiate between what may be a bad case of negative thinking and true anxiety.

Is a child being negative when she doesn’t want to join a new club because she thinks no one will like her, or is there something more going on? Try to confirm whether there is any validity in their fears. If not, point out diplomatically, that they may be catastrophising. If you feel there is reason for concern, help them to overcome their anxiety.

**CHALLENGE** the validity of your child’s fears and anxiety, using logic and rational thinking. Don’t allow kids to wallow in self-pity. Move their thoughts towards the future rather than allow them to mope around.

**Making a plan**

**ENCOURAGE** your child to overcome their anxiety through action. Vanessa came up with a creative solution to help Ruth, her seven-year-old daughter, overcome her reluctance to attend birthday parties without her. Initially Vanessa attended parties with her daughter so she wouldn’t miss out, but Ruth was becoming too reliant on her, so it was time to make a change.

The next time Ruth was invited to a party, Vanessa put a plan into action. First, she set up a little birthday party scenario at home using dolls and teddies as friends, so her daughter would know what to expect. Vanessa explained that she would leave her at the party for a short time. Vanessa let her daughter know that she had no doubt that she’d cope.

The little plan worked a treat. Vanessa arrived at the party an hour before the start to find Ruth Involved in a game. She acknowledged her mum, but she didn’t leave the game. Later, at home Vanessa made a fuss over her daughter for being brave. Ruth agreed that next time she was invited to a party she would go for the whole time without her mum.

**Anxiety is normal** and part of everyday life. However, it can be debilitating unless it’s managed. Anxiety management takes time for kids to learn, but it’s one of those valuable life skills that parents can teach their kids.

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You’ll be so glad you did.